



Laboratory Services

Extended Ova and Parasite
Giardia/Crypto alone

Collection media in vials is POISONOUS – Keep away from small children.

Instructions:

1. For collection, you have been given the following:

Specimen collection hat

Ova & Parasite (Para Pak Kit -pink lid vial and gray lid vial)

Wood applicator

Instruction sheet

2. **Label** the vials with your **first and last name, date of birth and date and time of collection.**

3. Lift the toilet seat up and place the collection hat on the rim of the toilet (curved side facing the back of the toilet).

4. Put the toilet seat back down, to hold the collection hat in place. Pass bowel movement into the hat. The stool specimen must be free of urine and toilet paper.

5. Using a wood applicator or the collection spoons built into the lid of the vial, scoop stool from areas that appear bloody, slimy and watery. If the stool is formed (hard), sample small amounts from each end and the middle.

6. Put the specimen into the containers until the contents rise to the RED LINE on the label of each container. Once the specimen is in each of the containers, cap the vials tightly, then shake each vial vigorously until the contents are well mixed.

7. Wash hands thoroughly. If any liquid from the containers get on your skin or in your eyes, flush with plenty of water.

8. After sample collections are complete, keep the vials at room temperature and transport them within 72 hours to the laboratory